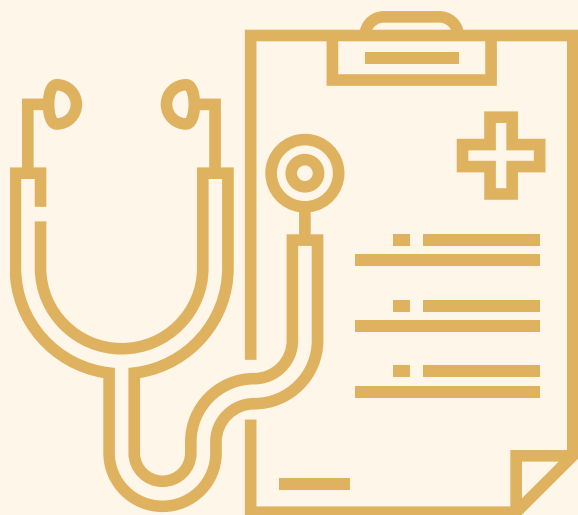


MARCH 2023

VOL. 14

THE CHECK UP



THE OFFICIAL MAPS NEWSLETTER!

IN THIS ISSUE:

EVENTS - PAGES 1-4

STAY CONNECTED - PAGE 5

PRE-HEALTH RESOURCES - PAGE 6

CAREER SPOTLIGHT - PAGE 7

MEMBER OF THE MONTH - PAGE 8

MCAT QUESTIONS OF THE MONTH -

PAGE 9

MARCH HIGHLIGHTS

GENERAL BODY MEETINGS

MAPS' general body meetings occur bi-weekly on Wednesdays. GBMs inform our members about upcoming events and allow them to hear from different speakers. They can also include giveaways of vintage club merchandise or MCAT materials!



STUDY KNIGHTS

Study Knights allow members to spend an evening studying and being productive in a welcoming environment! This semester, Study Knights will be held after our GBMs, so keep an eye out for them!





TOTE BAG PAINTING

Members decorated tote bags with all sorts of creative designs!

MAYO CLINIC PANEL

Mayo Clinic hosted an informational session about their application and admissions process for their M.D, M.D-PhD, and PhD programs!



INTERVIEW WORKSHOP

Attendees not only learned about medical and dental school interviews, but also got to practice their own interview skills!

SALT VOLUNTEERING



MAPS members volunteered at the SALT Outreach, a nonprofit organization dedicated to providing laundry services to underserved and homeless populations in Orlando.

FRIENDSHIP BRACELET NIGHT

Members made cute and colorful friendship bracelets!



POTLUCK AND KAYAKING

MAPS and KRMR met up at Lake Claire for some kayaking fun!

UPCOMING EVENTS

More MAPS events to look forward to this semester:

SIXTH GBM (4/12)

This is our final GBM of the semester. E-Board nominees will deliver their speeches.

5:30 pm, Student Union,
218C

HEALTH FAIR (4/10)

The Health Fair is a community event run by MAPS to promote health equity. Free health resources and food will be provided!

USF COM TOUR (04/14)

MAPS will be touring the USF Morsani College of Medicine in Tampa.

MAPS BANQUET (4/20)

The annual banquet will be held in the Live Oak Ballroom. RSVP by April 9th to attend!

STAY CONNECTED!

Miss an event? No worries! We are active on these platforms, so keep up with us here so you don't miss the next one!



[@mapsatucf](#)



[GroupMe](#)

PRE-HEALTH RESOURCES



As a pre-health student, it can be hard to make sense of the journey to professional school. Luckily, UCF's Office of Pre-Health and Pre-Law (PHPL) Advising has several resources for pre-health students like:

- **Advising:** In-person and virtual (Zoom) advising is available. Students can walk/drop-in or make an appointment.
- **Mock Interviews:** This is a great way to prepare for professional interviews! UCF administrators, staff, and faculty members serve as mock interviewers. Thorough feedback is provided along with a video recording of your practice interview!
- **Workshops**
- **Practice Tests:** informational workshops about the exam process for tests like the GRE, MCAT, and PA-CAT are conducted each semester. Multiple full-length, in-person MCAT practice exam sessions are also provided!
- **Personal Statement Services:** PHPL can help students review and edit personal statements and/or other writing elements of their applications (not including essays).
- **And much more!**

You can find the Office of PHPL Advising in Trevor Colburn Hall (TCH), Suite 133. Click the link to get more information!

<https://academicsuccess.ucf.edu/phpladvising/>

CAREER SPOTLIGHT:

VETERINARIAN

Veterinarians (or vets for short) are Doctors of Veterinary Medicine. They specialize in assessing, diagnosing, and treating illnesses in animals. They also administer preventative care.



Prospective vets usually earn a bachelor's degree before attending an accredited veterinary school. Veterinary medical programs are typically four years long. Students spend their first three years learning about animal physiology, anatomy, and pathology in classroom and laboratory settings. The final year is spent doing clinical rotations. Vets graduate with a VMD or DVM degree. They might spend an additional 1-5 years training in a specific specialty. To practice, vets must pass their state's licensing exams along with the North American Veterinary Licensing Examination (NAVLE).

It is common for vets to work in private clinics or hospitals. They can travel to farms to provide care, which means they're often working outside in a natural setting. Many vets are also found in zoos and labs.

Compassion is one trait vets should display as they deal with worried owners and distressed animals daily. Manual dexterity to perform procedures, problem-solving skills, and effective communication skills are other traits these professionals exhibit.

MEMBER OF THE MONTH

Congratulations to our Member of the Month:



EZINNE OKONKWO

Ezinne is a sophomore majoring in Biomedical Sciences with a minor in Psychology. Some of her hobbies include reading, cooking, and playing the ukulele! Ezinne likes how MAPS makes it easy to meet new people through both fun and informational events!

Congrats, Ezinne!

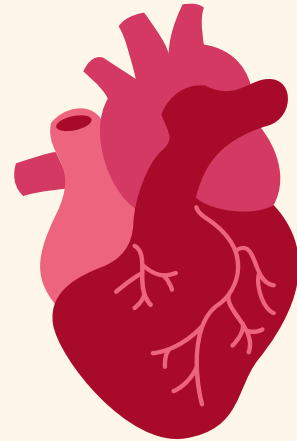
MCAT QUESTIONS OF THE MONTH

1

Blood flows through the chambers of the heart due to a

- A. Temperature gradient
- B. Pressure gradient
- C. Volume gradient
- D. Electrical gradient

(Source: JackWestin.com)

**2**

Which of the following subdivisions of the nervous system is most directly responsible for voluntary movement?

- A. Sympathetic
- B. Parasympathetic
- C. Enteric
- D. Somatic

(Source: JackWestin.com)

**FILL OUT THIS GOOGLE FORM TO SUBMIT YOUR
ANSWERS AND EARN UP TO 3 POINTS!**

[HTTPS://FORMS.GLE/IBESUJJRWDQXTBWCA](https://forms.gle/IBESUJJRWDQXTBWCA)

OR



SCAN HERE!

THANK YOU FOR CHECKING UP WITH US!



Interested in submitting your ideas to The Check Up? Need advice on a specific situation?

See next page.

Become a
member today!

Scan here if you would like to
submit your ideas to The
Check up



Scan here if you have advice that
you'd like answered in future
editions

