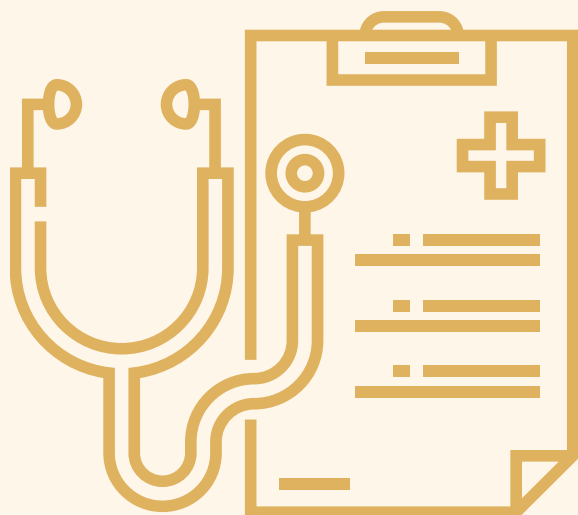


FEBRUARY 2023

VOL. 13

THE CHECK UP



THE OFFICIAL MAPS NEWSLETTER!

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FEBRUARY HIGHLIGHTS

GENERAL BODY MEETINGS

MAPS' general body meetings occur bi-weekly on Wednesdays. GBMs inform our members about upcoming events and allow them to hear from different speakers. They can also include giveaways of vintage club merchandise or MCAT materials!



STUDY KNIGHTS

Study Knights allow members to spend an evening studying and being productive in a welcoming environment! This semester, Study Knights will be held after our GBMs, so keep an eye out for them!





GAME NIGHT WITH SASE

The Society of Asian Scientists and Engineers (SASE) joined MAPS for a night of games!

MILITARY SUTURE WORKSHOP

The U.S. military hosted an exciting workshop teaching suturing skills!



THE IMPORTANCE OF RESEARCH

Our Research Director, Jaehyun Ahn, shared tons of great tips on how to start meaningful research, reach out to professors, and get involved in the different research programs here at UCF.





BOBA SOCIAL

MAPS members spent the evening unwinding and getting to know one another over Boba.

KARAOKE NIGHT

Members sang their hearts out during our fun Karaoke Social!



GALENTINE'S DAY SOCIALW/ KRMR

In this Galentine's Day social, MAPS and Knights for Refugee Medical Relief (KRMR) enjoyed a night of snacks, painting, and karaoke!

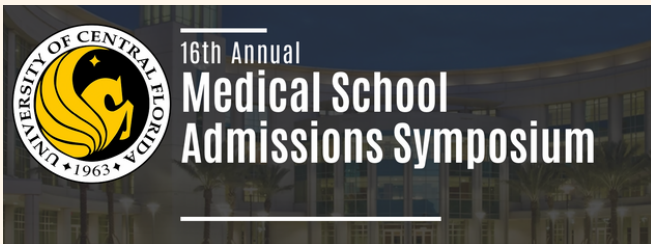


JEOPARDY NIGHT

Members had a blast competing in our Jeopardy night, putting their knowledge of UCF culture, Disney, anatomy and much more to the test!



MEDICAL SCHOOL ADMISSIONS SYMPOSIUM (MSAS)



MSAS was an enriching event where pre-med students had the chance to hear from keynote speaker Dr. Vonda Wright, Deans of Admissions, and medical students about the admissions process and what medical school is like. Seventeen medical schools were in attendance making for a robust experience!

UPCOMING EVENTS

More MAPS events to look forward to this semester:

FOURTH GBM (3/8)

We will be discussing upcoming events and elections. After this, we'll go over some mock interview questions!

5:30 pm, Student Union,
218C

INTERVIEW WORKSHOP (3/9)

Practice your interview skills and learn about the interview process for medical and dental schools.

5:30 pm, HSI 106

SALT VOLUNTEERING (3/19)

Location: TBA

FIFTH GBM (3/29)

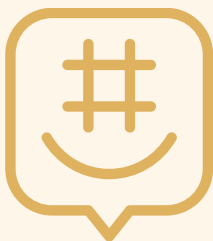
Location: Student Union,
218C

STAY CONNECTED!

Miss an event? No worries! We are active on these platforms, so keep up with us here so you don't miss the next one!



[@mapsatucf](#)



[GroupMe](#)



SPRING BREAK RESET



With spring break quickly approaching, the time off can be used to reset, recollect, and perhaps achieve things that you might not have the time to do during the semester. Here are some tips for having an restful and productive Spring Break:

- **Take a mental break:** school can be tiring, so use this time to give that brain a well-needed break!
- **Connect with friends and family:** enjoy time with loved ones!
- **Catch up on sleep**
- **Re-establish old habits and hobbies:** if you've been swamped by the semester, use this time to revisit hobbies and habits you might have dropped. Go outside, exercise, and do things you love.
- **Plan for the remainder of the semester:** now that we reached the halfway point of the semester, think of what you want to achieve for the time remaining.
- **Volunteer or work:** a break can give you the time to volunteer or work without the added stress of classes.

CAREER SPOTLIGHT:

DENTIST

Dentists are health professionals dedicated to maintaining patients' oral health. They diagnose and treat gum, teeth, and jaw issues. Dentistry is an expansive field offering several opportunities for specialization. For instance, endodontists treat dental nerve and pulp issues. Orthodontists focus on correcting abnormal teeth development and misalignments, while periodontists specialize in gum disease and performing gum surgery.



Prospective dentists need to earn a bachelor's degree to attend an accredited dental school. Although there is not a specific major applicants must study, pre-requisites like biology and chemistry are expected to be completed. Applicants' GPAs, interviews, extracurricular activities, and performance on the Dental Admission Test (DAT) are used to determine admission. Students spend four years in dental school, and upon graduating, earn either a DMD or DDS degree. Additional training through a residency can take anywhere from six months to six years, depending on the specialty. To obtain a license for practicing, dentists must pass the National Board Dental Examination, state licensure exams, and specialty licensing exams.

Dentists should display high manual dexterity (this is actually tested for in the DAT!), good hand-eye coordination, excellent communication skills, and leadership skills.

Dentists are usually found in private practices where they work with a small staff and other dentists. Public health dentists can be involved in government agencies like the CDC or NIH. On average, they work 36-40 hours a week.

MEMBER OF THE MONTH

Congratulations to our Member of the Month:



SHRIYA DORANALA

Shriya is a sophomore majoring in Health Sciences (pre-clinical). In her free time, she enjoys singing, crocheting, and dancing. Shriya loves the community aspect of MAPS. Everybody is so kind and always down to help her out, give advice or just generally have a good time and have fun!

Congrats, Shriya!

MCAT QUESTIONS OF THE MONTH

1

Which of the following is NOT a characteristic of steroid hormones?

- A. They are bound to carriers in blood
- B. They bind to cell surfaces and initiate signal cascades.
- C. They have a slower time for onset when compared to peptide hormones.
- D. They are synthesized from cholesterol

(Source: JackWestin.com)

2

Which of the following separates the outer ear from the middle ear?

- A. Oval window
- B. Pinna
- C. Eustachian tube
- D. Tympanic membrane

(Source: JackWestin.com)

**FILL OUT THIS GOOGLE FORM TO SUBMIT YOUR
ANSWERS AND EARN UP TO 3 POINTS!**

[HTTPS://FORMS.GLE/H6TGOGYZEBULQMTS8](https://forms.gle/H6TGOGYZEBULQMTS8)

OR



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