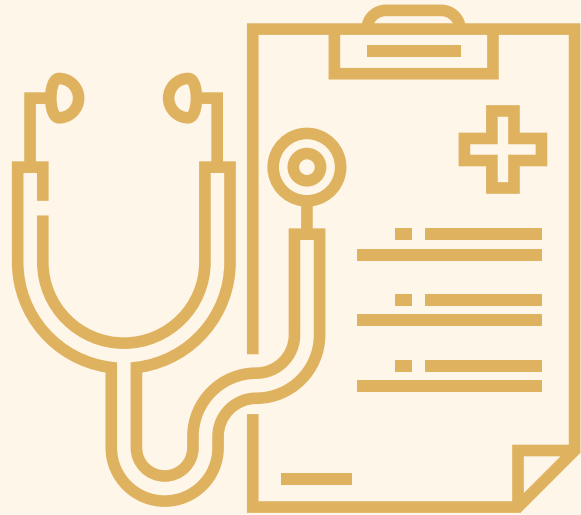


MARCH 2022
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THE CHECK UP



THE OFFICIAL MAPS NEWSLETTER!

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MARCH EVENTS



GENERAL BODY MEETINGS

MAPS' general body meetings occur bi-weekly on Wednesdays and give our members an idea of what events they can look forward to for the month. There may also be giveaways of vintage club merchandise or MCAT materials! The next GBM is March 16th at 5:30. See you there!

MEDICAL SOCIOLOGY

Participants learned about inequality in patient care based on discriminatory factors from guest speaker Dr. Vergera. Certificates of completion were awarded after the training as well!



STUDY KNIGHT

MAPS hosts Study Knights every Thursday from 6pm - 8pm in BA 2 Room 207. This is the place to be if you want a study buddy, help with any homework, or if you would just like to make new friends! We hope to see you at the next one!



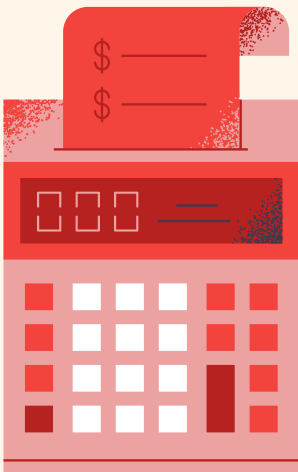
SUTURE WORKSHOP

Paid MAPS members received the opportunity to practice their suturing skills in preparation for future careers. Suture kits used during the workshop could also be taken home for more practice!



MED SCHOOL ON A BUDGET

MAPS at UCF founder, Dr. Lakisha Jones, discussed how she was able to go to medical school for free with attendees! She also provided tips for students to overcome financial barriers that many people face.



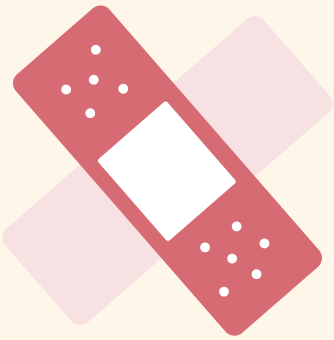
CPR CERTIFICATIONS

Our members were given the opportunity to get CPR certified this month! The class is accredited by the American Heart Association and the certification lasts 2 years!



HEALTH FAIR

MAPS' 5th Annual Health Fair featured opportunities for health education including topics of disease prevention, healthcare resources available in Orlando, and where to obtain a free health screening. The chance to win a free test prep course and merchandise was also provided!



VACCINE HESITANCY AGAINST POLIO

MAPS x PSA provided an interactive and entertaining experience for students to put epidemiology into action. Participants learned about current issues with polio in Pakistan and were split into teams to create an action plan against it. The event considered the connection between the polio epidemic and our current circumstances with COVID-19.



STAY CONNECTED!

Miss an event? No worries! We are most active on these platforms so keep up with us here so you don't miss the next one!



[@mapsatucf](#)



[GroupMe](#)

STUDY TIPS

- Find the best study location for you
- Try study groups
- Utilize UCF's SARC and SI services
 - Offered for several medical school prerequisites, including physics I and II, organic chemistry I and II, and human anatomy and physiology
- Try writing notes over typing
 - Writing notes may take more time than typing, but allows for better absorption of material
- Rewrite notes
- Practice!
- Rest well

CAREER SPOTLIGHT

SURGEON

Surgeons are responsible for overseeing all aspects of a patient's surgery and completing hands-on invasive and non-invasive operations. The range of procedures that can complete is vast, from repairing internal problems to removing organs, and depends largely on the specialty of the physician. Surgeons may work in hospitals, outpatient facilities, or other locations with well-lit, sterile environments. Work hours may vary depending on specialty.

A surgeon requires excellent hand-eye coordination, the ability to adapt, stamina, and skill in teamwork and leadership.

Students aspiring to a surgical career must complete their bachelor's and medical degrees. A 3 year residency should then completed, followed by multi-year internship at a hospital. The exact duration of the internship will vary with specialty. Board-certification is highly recommended.

The surgical field contains 14 recognized subspecialties: general, thoracic, colon/rectal, OB/GYN, gynecologic, neurological, ophthalmic, oral/maxillofacial, vascular, urology, otolaryngology, orthopedic, plastic, and pediatric surgery. Orthopedic, plastic, and pediatric surgery contain further specializations available for pursuit. Each subspecialty requires an average of 1 to 2 years of additional training.

MEMBER OF THE MONTH

Congratulations to our member of the month:

Sweta Srinivasan



Sweta is our general volunteer director and has been newly elected into next year's executive board. She is a freshman majoring in Health Sciences on the pre-medical track. Outside of her academics, she enjoys going on walks, getting Dunkin' matcha lattes with her roommate, and doing taekwondo. She looks forward to MAPS' end of year banquet, and to begin her new position as Sergeant of Arms. Congratulations Sweta!

THANK YOU FOR CHECKING UP WITH US!



Interested in submitting your ideas to The Check Up? Need advice on a specific situation?

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