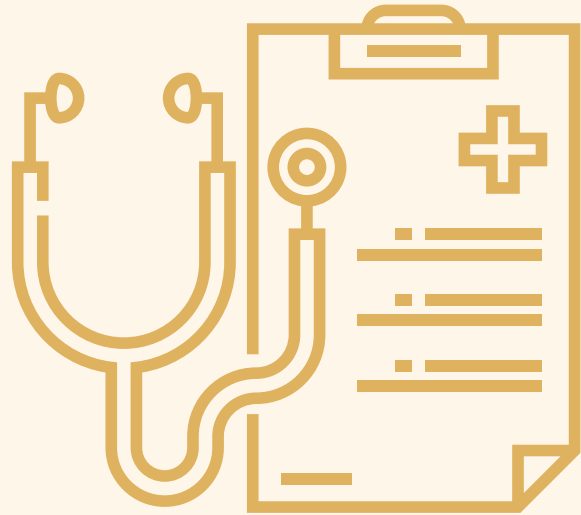


JANUARY 2022

VOL. 8

THE CHECK UP



THE OFFICIAL MAPS NEWSLETTER!

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JANUARY EVENTS

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GENERAL BODY MEETINGS

MAPS' general body meetings occur bi-weekly on Wednesdays and give our members an idea of what events they can look forward to for the month. There may also be giveaways of vintage club merchandise or MCAT materials!

MCAT STUDY PLANNING WITH KAPLAN

MAPS and Kaplan reviewed how much time students should set aside for MCAT preparation, how to build a specific study schedule, how to review effectively for a score increase, and more! Attendees also received a free MCAT study workbook.



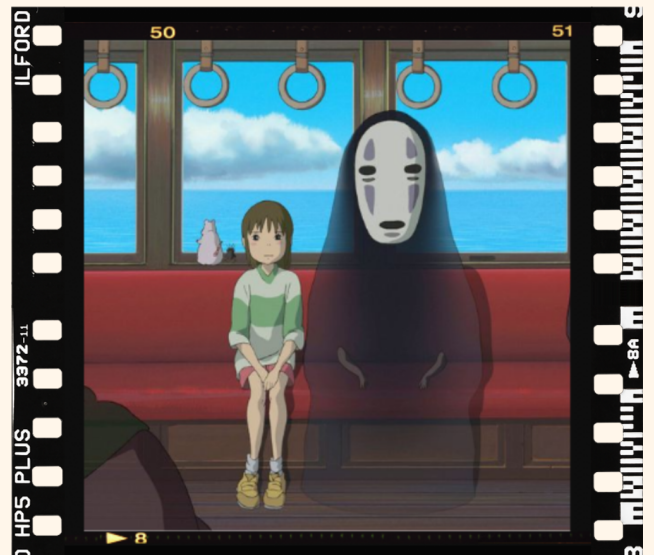
STUDY KNIGHT

MAPS hosts Study Knights every Thursday from 6pm - 8pm in BA 2 Room 207. This is the place to be if you want a study buddy, help with any homework, or if you would just like to make new friends! We hope to see you at the next one!



SPIRITED AWAY MOVIE NIGHT

Attendees enjoyed popcorn, refreshments, and entertainment at this fundraiser for Knight-Thon and Relay for Life! Members and non-members alike enjoyed the classic Spirited Away by Studio Ghibli.



JEREMIAH'S PARTIAL PROCEEDS

A partial proceeds event with Jeremiah's Italian Ice was hosted to raise funds for MAPS, Knight-Thon, and Relay for Life. Attendees supported our club and teams by enjoying delicious ice cream!



MAPS X OUR RESEARCH WORKSHOP

MAPS members learned the basics of getting into research at this collaboration with the Office of Undergraduate Research (OUR). Members left this event with some newfound knowledge on how to acquire research opportunities!



KNIGHT-THON

Knight-Thon is a dance marathon held for the benefit of Orlando Health Arnold Palmer Hospital for children. It is UCF's largest student-driven philanthropy project.

Planning takes place over the course of a year, during which funds are raised up until the 20-hour celebration on March 26, 2022. All funds raised at this event will allow Arnold Palmer to finance incubators, procedures, transport vehicles, the child-life program, and more. Last year's funds allowed them to open a pediatric physical therapy facility.

If you would like to join Knight-Thon's committee, please fill out the following [form](#):
If you have any questions, feel free to email our Sergeant-at-Arms Solange Chin at maps.sergeantatarms@gmail.com.



RELAY FOR LIFE

Relay for Life is a community fundraising event held for the American Cancer Society. These events are held in communities and universities in over twenty countries. This fundraiser aims to improve cancer survival, decrease diagnosis rates, and improve quality of life for cancer patients. The event will take place on March 19th-20th.

If you would like to join Relay for Life's committee, please fill out the following [form](#):
If you have any questions, feel free to email our Sergeant-at-Arms Solange Chin at maps.sergeantatarms@gmail.com.



STAY CONNECTED!

Miss an event? No worries! We are most active on these platforms so keep up with us here so you don't miss the next one! For extra points, email maps.secretaryucf@gmail.com what your favorite thing about MAPS is!



[@mapsatucf](#)



[GroupMe](#)

SHADOWING TIPS

- Finding a doctor - Can contact volunteer services of hospitals, search for physicians online to cold call or email, or ask advisors.
- Asking - Be sure to tell the person why you wish to shadow them specifically. Provide some information about yourself, such as your university, goals, and relevant medical experience. If you are turned down, remain courteous and professional. At that point, you can ask if they know any professionals who may be willing to allow you to shadow.
- What to Wear - Dress comfortably, but professionally. Dress pants, closed toed shoes. Bring a notebook and ask questions between patients, not during.
- Alternatives - Clinical experience can be gained without shadowing through other opportunities such as scribing for a hospital, volunteering at a hospice, or becoming a certified nursing assistant (CNA). However, some medical schools require shadowing experience. So if you cannot find in person shadowing, consider participating virtually.

CAREER SPOTLIGHT

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RADIOLOGY

Radiologists interpret the results of medical imaging tests, explain their findings to other health professionals and patients, and assist in creating treatment plans based on this information. They often supervise the work of radiological technicians and other personnel involved in performing imaging tests. Radiologists may work in hospitals or clinics with the former working any shift and the latter usually limited to day shifts.

Radiology requires an eye for detail, communication skills, openness to teamwork, and dedication to staying updated on what is new in their field.

To become a radiologist, students must successfully complete a degree in medicine, a one year internship under a surgeon or general practitioner, then participate in a four year residency program. At this point, most radiologists choose to pursue board certification and/or a fellowship in a subspecialty.

Radiology offers a large selection of subspecialties, including diagnostic radiology, hospice and palliative medicine, neuroradiology, nuclear radiology, pain medicine, pediatric radiology, and vascular radiology. These areas require one to two years of additional training at which point the specialist may choose to pursue certification. About 90% of radiologists choose to pursue education in a subspecialty.

THANK YOU FOR CHECKING UP WITH US!



Interested in submitting your ideas to The Check Up? Need advice on a specific situation?

See next page.

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