# **SIGN IN**

ASSOCIATION OF ARE HEALTH STUDENT Sign in for our meeting on your smartphone by using your camera on the QR code to the right!







### Scan here!

### **MAPS GROUPME**



### Scan here!



# September 14, 2022

FIND US ON:





@mapsucf



mapsatucf.org

### **DEADLINE EXTENDED - SEPTEMBER 17** \*See end of slides for list of available positions

# DIRECTORSHIPS

# Changes to the Slides Format • Room Crisis Information on Our Calendar, **Groupme, Insta, and Knights** Connect

# ACCESSIBILITY

- We're currently streamlining our slides during our GBM's to allow our speakers to talk for longer at our meetings (and provide their lived experiences and personal advice).
- We'll post a general event calendar in the first couple of slides. If an event sounds interesting, you will be able to find a description in the later slides (past the "Thank you" slide).
- Due to the current room crisis, our room reservations come in slowly. You will thus see at lot of "TBD" in our event locations lists. We'll update the website calendar, Instagram, GroupMe, and Knights Connect as these changes come in. RSVP on Knights Connect when you can to make sure we can send you the new info.

# ACCESSIBILITY

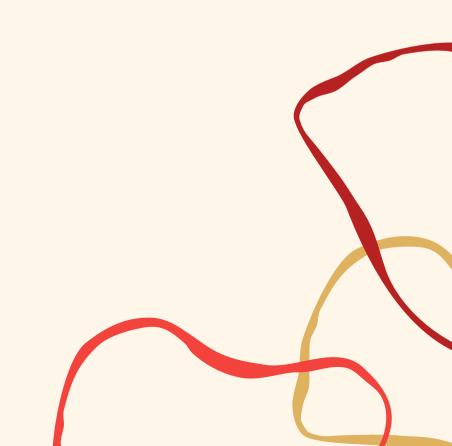
## SEPTEMBER/OCTOBER 2022

				4				1
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
				14 2nd GBM	15 Study Knight	16	17	
18		<sup>19</sup> Future of Pharmacy	20 Study Abroad	21 Exploring Different Pre- Clinical Opportunities	22 Study Knight	23 EXCLUSIVE INTERVIEW	24	
25		26	27 Exclusive Interview	28 <b>3rd GBM</b>	29 Study Knight	30	1 October	
2		3	4 Vision Board Knight	5	6 Study Knight	7	8	
9		10	11 TRIVIA NIGHT	12 4th GBM	13 Study Knight	14	15	



# SEPTEMBER EVENTS SUMMARY

- USF Pre-Pharmacy/Pre-Health Recruitment Presentation (Monday, September 19th)
- Study Abroad Opportunities: Pre-Health Edition (Tuesday, September 20th)
- Exploring Different Pre-Clinical Opportunities (Wednesday, September 21st)
- Study Knights (Every Thursday)





Guest Speaker

### "The Future of Pharmacy is Here"



Dr. Kevin B. Sneed is a tenured Professor and the founding Dean of the University of South Florida Taneja College of Pharmacy. He also serves as a Senior Associate Vice-President for USF Health.

His lecture will cover the future of healthcare and the critical role pharmacists have in healthcare. Learn about the exciting world of enhanced personalized medicine through pharmacogenomics. The lecture will be interactive, so come ready for an exciting discussion!

MONDAY, SEP. 19TH

- 6:00-7:00 PM
- ENG2 BLDG, ROOM 102 lacksquare

BIT.LY/TCOPEVENTSIGNUP

**USF**Health Taneja College of Pharmacy

### <u>Sign Up Link</u> https://bit.ly/TCOPEventSignUp



# PHARMACY GUEST **SPEAKER**

# **EXPLORING DIFFERENT PRE-CLINICAL OPPORTUNITIES**

**IT'S IMPORTANT TO HAVE MORE PATIENT-CARE EXPERIENCE ON YOUR APPLICATION, AS IT CAN ENABLE YOU TO STAND OUT MORE IN A LARGE POOL OF CANDIDATES.** FURTHERMORE, SOME PRE-CLINICAL OPPORTUNITIES ARE **ALREADY HIGHLY RECOMMENDED BY SCHOOLS. AND BY** FINDING A PRE-CLINICAL ROLE THAT FITS YOU, YOU ARE ABLE TO MAKE YOUR IMPACT ON THE MEDICAL COMMUNITY, AND **ADMISSION OFFICERS CAN SEE THAT.** 

# **UPCOMING EVENTS**

# **VISION BOARD KNIGHT 10/04**

Envision your ideal life and ambitions and see it come to life at your fingertips MEDICAL THEMED TRIVIA 10/11

How well do you think you know the medical field? Join us for a fun Kahoot styled trivia **BOWLING SOCIAL 10/14** 

- Join us at Boardwalk Bowling for the chance to show off your bowling skills and
  - socialize

### **COOKIE DECORATING CONTEST**

### 10/18

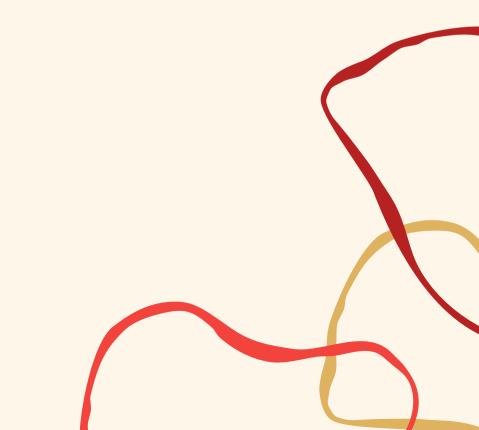
PHLEBOTOMY COURSE CERTIFICATION

### 10/22

### UCF COM TOUR IN NOVEMBER POLL AVAILABILITY IN GROUPME

# FUTURE MED SCHOOL TOURS?





THE HEALTH FAIR IS AN AMAZING WAY TO GET INVOLVED IN **OUR COMMUNITY - ESPECIALLY IN THE HEALTH ASPECT OF** IT. IT WAS CONCEPTUALIZED BY AND IS RUN SOLELY BY MAPS, SO YOU ARE ABLE TO HAVE A MUCH DEEPER IMPACT **AND GAIN NETWORKING AND LEADERSHIP SKILLS ALONG** THE PROCESS.

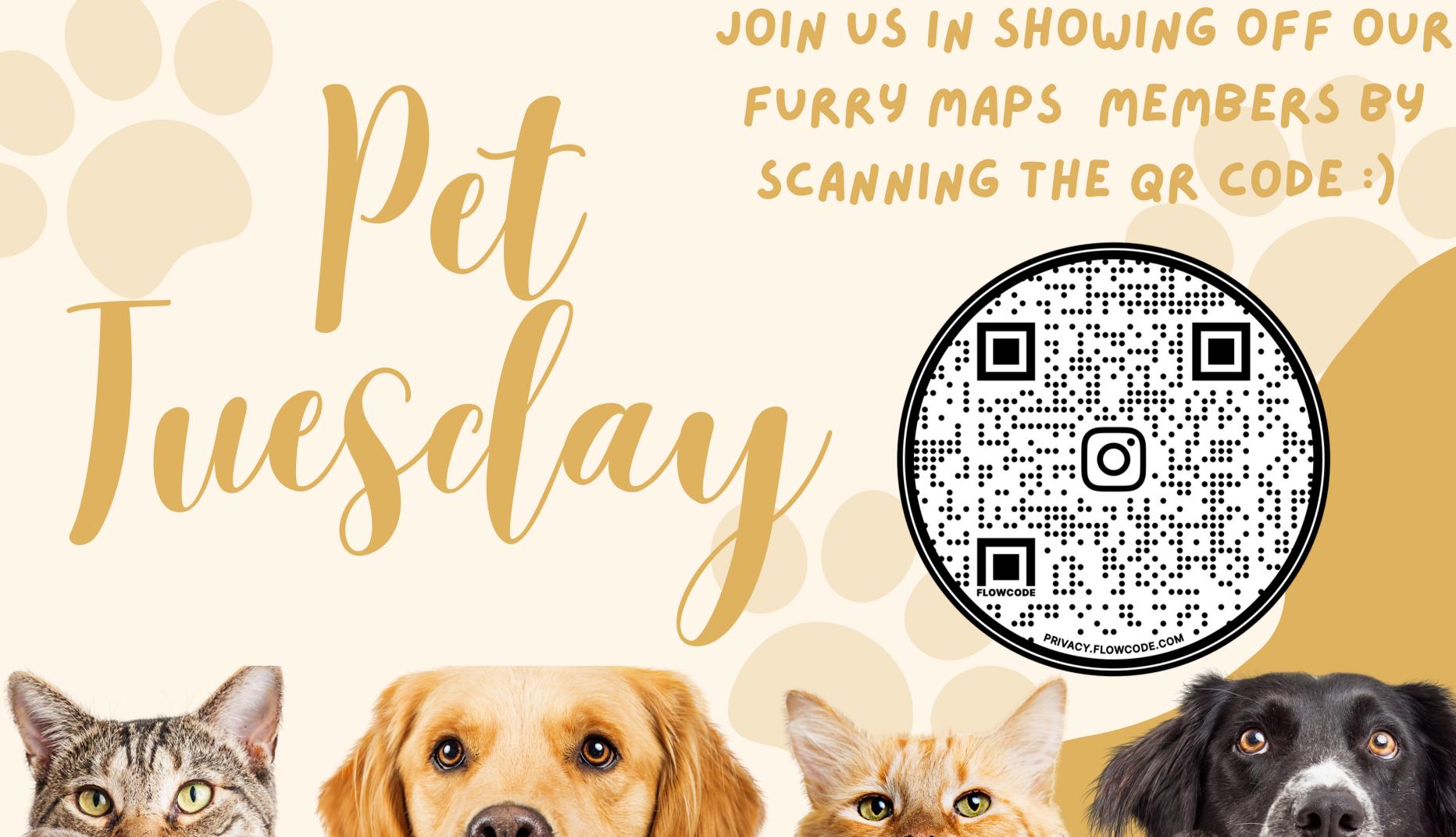
# HEALTH FAIR



### **COMMITTEE INTEREST FORM**



# HEALTH FAIR

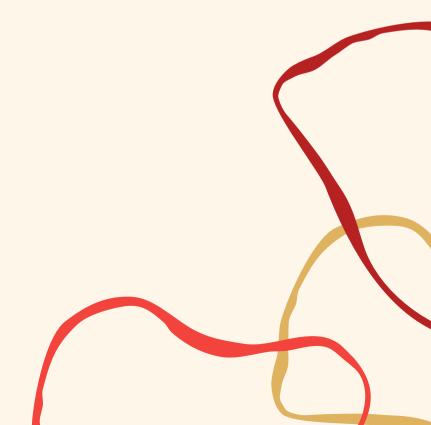


# **KAPLAN JACKSON GILL**

# KAPLAN

# **OUR SPONSOR**





# UCF MAPS FOUNDER DR. LAKISHA JONES!

# **OUR SPEAKERS**

# THANK YOU FOR COMING!



### **QUESTIONS FOR DR. SANTOS**

### NEXT GBM: SEPTEMBER 28TH AT 5:30PM



# WELCOME TO MAPS!

"Our mission is to create and nurture diverse and inclusive future health care providers that are prepared for their future career aspirations. We accomplish this by supplying our members with the knowledge, skills, and experiences that are vital to progress into the professional school of their choice while catering to all pre-health majors."

**RECEIVE EXCLUSIVE ACCESS TO WORKSHOPS,** SCHOOL TOURS, CAREER PANELS, POINT SYSTEM, LEADERSHIP **OPPORTUNITIES, AND MORE!** 

BEST WAY TO GET TO KNOW OTHERS IN OUR CLUB AND BECOME **MORE DEEPLY INVOLVED** 

> **DUES FOR SEMESTER: \$25 DUES FOR YEAR: \$40 BECOME A MEMBER HERE!**

# **MEMBERSHIP**

### REWARDS PARTICIPATION IN CLUB ACTIVITIES (GENERAL MEETINGS, ACTIVITY ON MAPS SOCIAL MEDIA/NEWSLETTER, ACADEMIC EVENTS, VOLUNTEERING,...)

### 2 HIGHEST POINT EARNERS PER SEMESTER WILL WIN A FREE TEST PREP COURSE!

### **ONLY MEMBERS CAN EARN POINTS**

### CURRENT POINTS CAN BE FOUND ON OUR WEBSITE (UNDER "MEMBERS")

# POINT SYSTEM



### **EVENT/WORKSHOP INTEREST FORM**



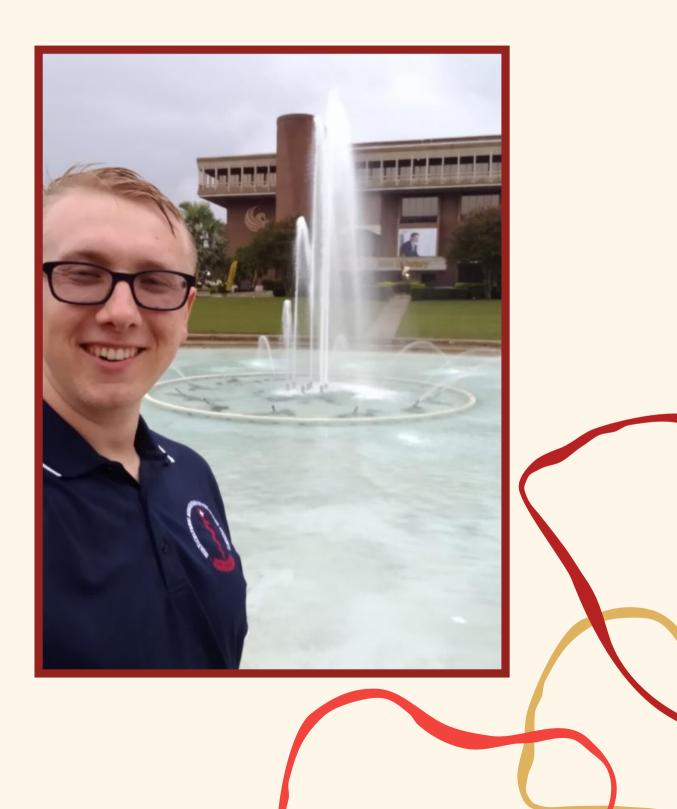




Major/Minor: Biomedical Sciences/Spanish **Class Standing: Senior Career Goals:** Physician Experiences: Scribing

- Microbiology TA
- Dual Enrollment
- Screwing Up

### CHRIS MIKLER PRESIDENT





# **IMPORTANT CONFERENCES**

## MSAS February 25, 2023

# AMEC Hartford, Connecticut April 5-9



### MADDISON WILLIAMS VICE-PRESIDENT OF COMMUNICATIONS

<u>Major</u>: Health Sciences <u>Class Standing</u>: Sophomore <u>Career Goals</u>: Pulmonologist <u>Experience</u>:

- Community service/research with Seminole
  County Health Department
- Opthalmic Technician







# **SOCIAL MEDIA**

### Instagram

# **@mapsatucf**

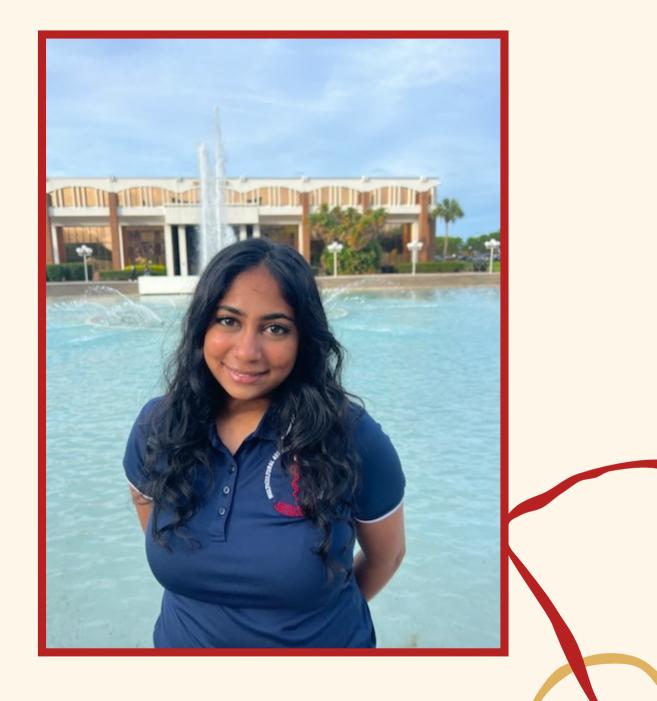
### **AKHILA DAMARLA** VICE-PRESIDENT OF OPERATIONS

<u>Major</u>: Biomedical Sciences <u>Class Standing</u>: Sophomore

Career Goals: Physician

### Experience:

- Orlando Regional Medical Center volunteer
- Shadowing
- Research
- Social psychology TA
- Scribing
- Student Government Senate



# **STUDY KNIGHTS (WEEKLY) PRE-MED CLINICAL EXPERIENCES UCF COM TOUR HEALTH INEQUITY WORKSHOP YOGA SOCIAL**

# **EVENTS**



### MEMBER AVAILABILITY FORM

Major: Interdisciplinary Studies <u>Class Standing</u>: Sophomore <u>Career Goals</u>: Infertility Specialist Experience:

- Matriculate advising fellow
- University Writing Center peer tutor
- Bioarchaeology research assistant
- Nemours Children's Hospital volunteer

### **ISABELLE GALAN** SECRETARY





mapsatucf.org

The Check Up

Mailing List

Health Resources

### RESOURCES

A.C.





<u>Major</u>: Health Sciences <u>Class Standing</u>: Sophomore <u>Career Goals</u>: Cardiologist <u>Experience:</u>

- Advent Health volunteer
- Clinical and community volunteering
- Shadowing
- Psychology research assistant
- Independent research

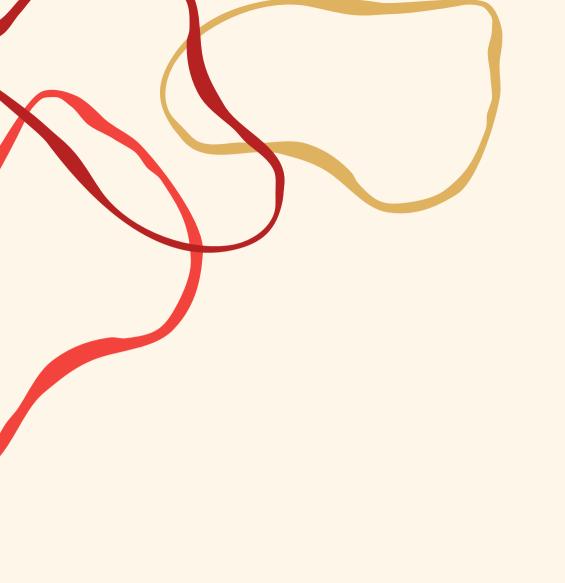
### SORA KANG TREASURER



# CAREER PANELS (MONTHLY) **NON-MEDICAL VOLUNTEERING OPPORTUNITIES FOOTBALL CONCESSIONS**







**Occurrence:** 

Once a month

Location:

Zoom

### What is it?:

Where 2-3 physicians and health care professionals come to speak and give advice on their journey and daily lives within their profession Opportunity to gain connections and grow one's network with one's peers and health care professionals!!

### **Upcoming: Late October!**

## **CAREER PANELS**



Major: Health Sciences <u>Class Standing</u>: Sophomore <u>Career Goals</u>: Orthopedic Surgeon Experiences:

- Hospital volunteer
- Sociology research assistant
- Independent research
- Girls for Science

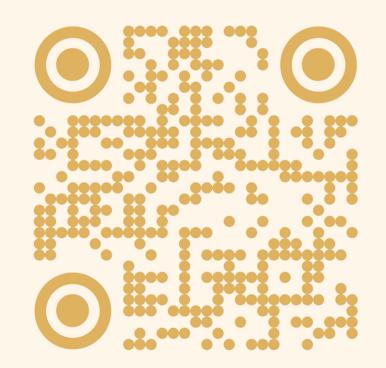
### SWETA SRINIVASAN **SERGEANT-AT-ARMS**



### **Second Harvest Donation Sorting**

Help sort through food donations which will be handed out to families in the Orlando area! October 21st

### **First Come, First Serve**

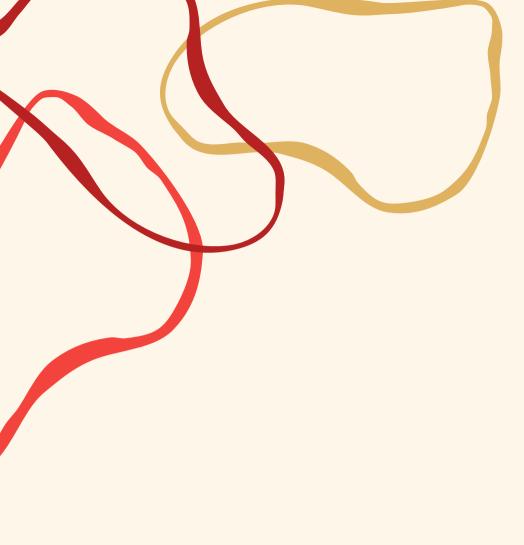


## **EVENTS**



# DIRECTOR POSITIONS

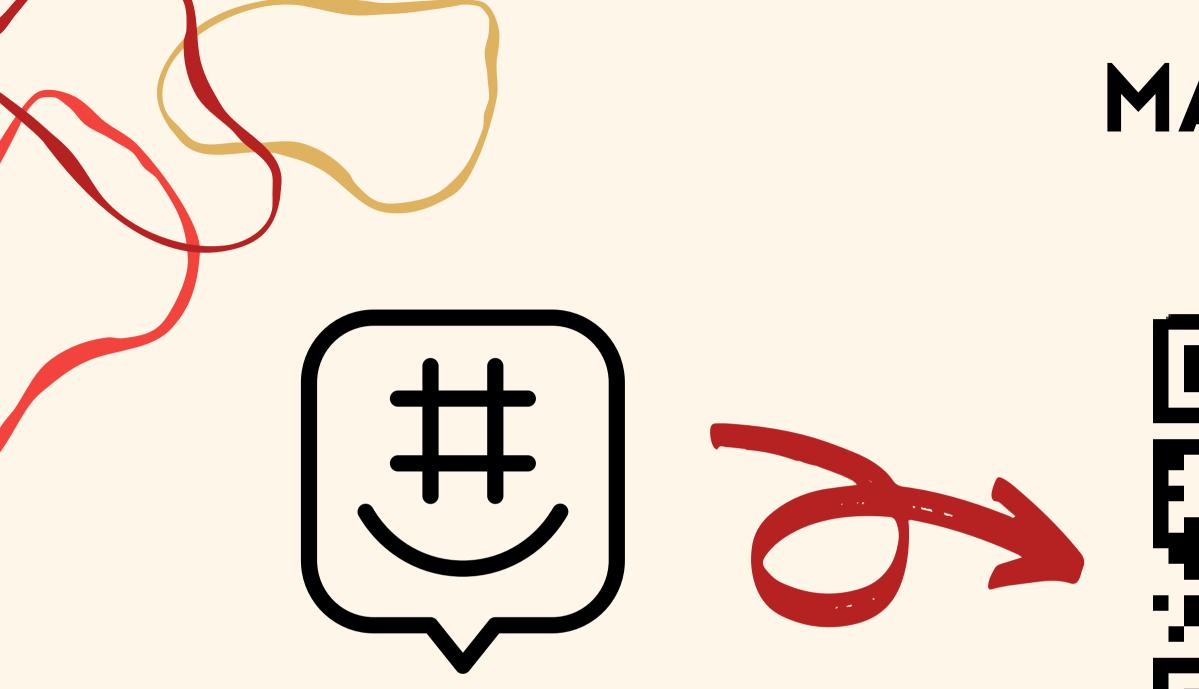




### **DIRECTOR APPLICATION**

- Application can be found on the MAPS website
- Due <u>September 18th at 11:59pm</u>
- Must be a paid MAPS member
- If you have any questions, please email the officer that oversees your desired director position





### MAPS GROUPME

# Scan here!



### Extra points are given to those who follow and are active!

### MAPS SOCIAL MEDIA

# @mapsucf



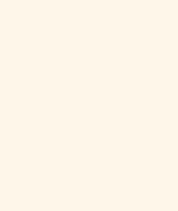


### MAILING LIST

### **PRESIDENT DIRECTORS**

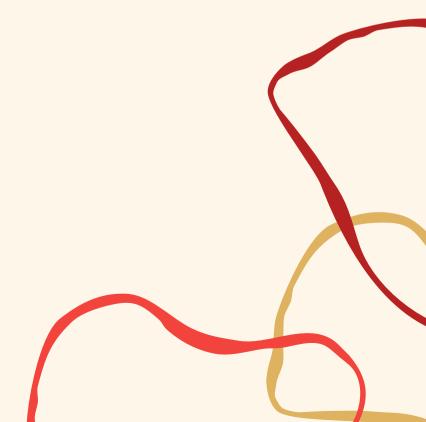
### **SYMPOSIUM DIRECTOR**

- Assist the President with advertising for the Symposium and other documentation
- Contact schools or sponsorship professionals as needed
- Volunteer at the Symposium
- Provide ideas and input for the symposium
- Help to manage and update the Facebook and website for the event
- Assist the President with any other tasks related to MAPS



### **PRESIDENT DIRECTORS CONFERENCE DIRECTOR**

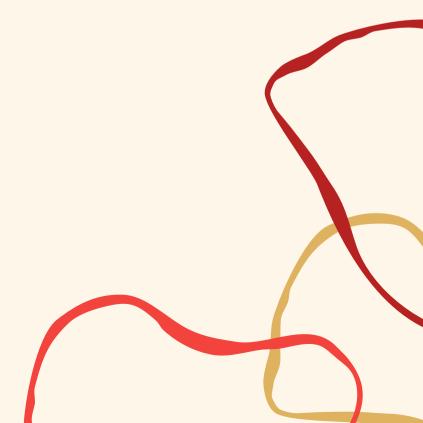
- Assist the President in planning and executing the SNMA National conference
- Contact and correspond with SNMA representatives
- Create and maintain conference interest form
- Advertise the event on social media and around campus
- Provide potential fundraising ideas to raise money for the conference
- Organize and send out relevant information to attending students
- Assist the President with any other tasks related to MAPS



### **PRESIDENT DIRECTORS**

### **BANQUET DIRECTOR**

- Help to organize and execute the Annual Banquet
- Provide innovative ideas for programs, music, gift bags, presentations, etc.
- Work with the Secretary to create an end-of-the-year video
- Advertise the event via email, flyers, social media, etc.
- Assist the President with any other tasks related to MAPS



## **VP OPS DIRECTORS**

### **GENERAL OPS DIRECTOR**

- Volunteer at MSAS if possible
- Assist in miscellaneous tasks or errands assigned to the VP regarding MSAS
- Email guest speakers for future GBMs
- Send thank-you emails to gbm speakers, sponsors, etc.
- Assist with the Treasurer for anything in regards to Career Panels
- Assist in the Health Fair (volunteering, marketing or promotion, being a part of the committee, sending emails, etc.)
- Take meeting minutes during director meetings
- Create a poll or doodle for each school trip to determine when interested students are available for the trip
- Attend school tours if possible to make sure everything is on track (Take attendance and send to secretary, take pictures, send a thankyou email to tour coordinator, perform any tasks during the trip that is needed)
- Research any opportunities regarding scholarships, research, and internships.
- Assist in March Madness (a month filled with workshops and school trips to help students prepare for the application cycle). Talk with the Secretary who plans the workshops



### **VP OPS DIRECTORS HEALTH FAIR DIRECTOR**

- Assist the VP to organize the Health Fair
- Find new sponsors if possible
- Fundraise to help raise money for the Health Fair (will be in contact with the treasurer)
- Talk with VP Comm in regards to promoting it on social media (FB, IG); create a flyer for the event
- Advertise the event to members and nonmembers
- Talk and assist with the Secretary in sending emails about the Health Fair
- Contact Sponsors and vendors
- Brainstorm ideas and themes
- Assist in preparing a map/layout of how the Health Fair will be in reserved room
- Assist in budgeting in regards to food and merchandise



### **VP OPS DIRECTORS** EDUCATION DIRECTOR

- Find virtual/in person school tours.
- Contact medical schools to book a tour (1 per month but if not possible, at least 1-3 per semester)
- Schedule the date/time of tour(s); if in person, arrange for parking, carpooling, meet-up time/location, 3 designated drivers
- Talk with VP Comm in regards to posting it on FB/IG (flyers must be made as well)
- Post reminder on social media(s) 2 weeks prior/1 week prior. Include RSVP information.
- Send out a reminder email to confirm the RSVPs; give information about the date/time of trip, attire, etc.
- Attend school tour if possible to make sure everything is on track
- Take pictures if the VP of General Operations director isn't there
- Host Study knights
- Book study rooms/create Zoom meetings
- Brainstorm any productivity/study tips to present for 10-15 minutes during study knights at least once every other week or once a month
- Give goody bags at the final study knight (Decide what to put in them/how many units to order regarding the budget)
- Find any open houses/educational events that can help MAPS members
- Brainstorm events (MCAT Trivia, etc.)
- Assist in finding research opportunities and internships with the VP Op. Director

- st be made as well) nclude RSVP information. tion about the date/time of
- rack ere



### **VP OPS DIRECTORS RSO OUTREACH DIRECTOR**

- Assist in communicating with the other RSO's on campus
  - Maintain professionalism and aim to present UCF pre-med organizations as a united front.
  - Advertise collaborative events between clubs.
  - Create flyers and send emails regarding your events.



### **VP COMMS DIRECTORS**

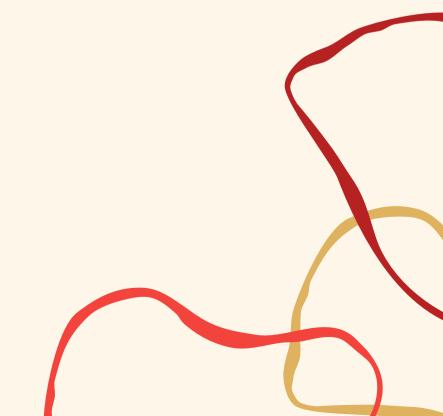
### MEDIA DIRECTOR

- Help update social media accounts (Facebook and Instagram)
- Works with VP of Communications to promote events on all forms of social media
- Organizes all photos taken at events and sends them to secretary
- Looks for new ways to promote organization to student body through social media
- Collaborate with Newsletter Director to advertise newsletter
- Assist the VP of Communications with any other tasks related to MAPS



### **VP COMMS DIRECTORS EVENT DIRECTOR**

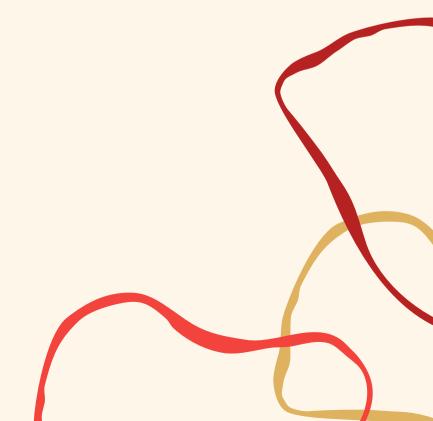
- Help plan and organize club socials
- Contact places that would be willing to host certain events, reserve spots, and find possible group discounts
- Find places to organize our club's holiday parties
- Send out emails to businesses when necessary
- Brainstorm event ideas and organize events
- Take pictures at events when possible and send them to the secretary
- Be able to host events with and without VP of Communications incase VP is not available • Assist the VP of Communications with any
- other tasks related to MAPS



### **VP COMMS DIRECTORS OUTREACH DIRECTOR**

- Help promote MAPS through tabling along with treasurer and VP of Communications
- Collect emails obtained from tabling and send them to secretary
- Organize sign-up sheet for officers and directors
- Make sure directors have signed up for a time slot for Market Wednesday
- Be able to table on Wednesdays for Market Wednesday
- Brainstorm new ideas to attract more students through tabling
- Print flyers and place them at designated areas around campus
- Assist the VP of Communications with any other tasks related to MAPS

irectors time slot



### **SECRETARY DIRECTORS WEBSITE COORDINATOR**

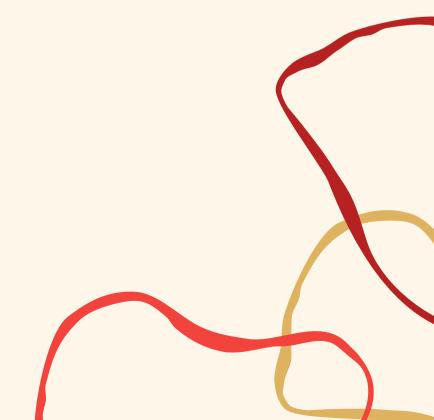
- Keeps the website updated and organized
- Creates free downloadable resources and uploads it to the website
- Is active in the groupme and in meetings to be able to direct members and/or potential members to the right place on the website for information
- Take photos at majority of MAPS events
- Communicates with other directors to collect photos in case of absence
- Sends photos to other directors for their use
- Is responsible for managing and organizing photos
- Assist with designing and maintaining bulletin board in HPA
- Communicates regularly with other directors and E-Board to stay informed
- Assist the Secretary with any other tasks related to MAPS



# **SECRETARY DIRECTORS**

# **NEWSLETTER EDITOR**

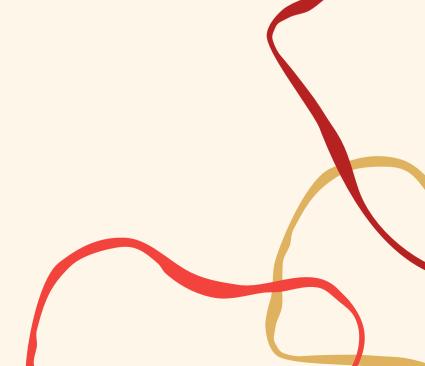
- Creates the monthly newsletter
- Comes up with new topics to put each month
- Writes short descriptions that summarize events and helpful tips
- Advertises newsletter to members • Sends out google forms for input from our members
- Attends most events for pictures and summaries
- Assist with designing and maintaining bulletin board in HPA II
- Assist the Secretary with any other tasks related to MAPS



# **SECRETARY DIRECTORS**

# **HEALTH OUTREACH DIRECTOR**

- Helps come up with and organize workshops throughout the semester
- Coordinate with the Office of Pre-Health and Pre-Law Advising for promotion of discipline specific workshops
- Contacts social media directors and website coordinator to post about workshops in a timely manner
- Sends emails and groupme messages as reminders
- Takes attendance for workshops and sends to secretary for points
- Obtains all necessary equipment/materials
- Attend and mediate all workshops
- Take photos at workshops
- Shadow program
- Contact professionals to see if they would be willing to have our members shadow them
- Keeps in contact with them throughout the shadowing process to make sure everything is going smoothly
- Communicate with assistants and delegate tasks as needed
- Send thank-you e-mails to professionals
- Creates an interest form and application for members
- Contacts UCF COM for possible mentorship opportunities



### **TREASURER DIRECTORS**

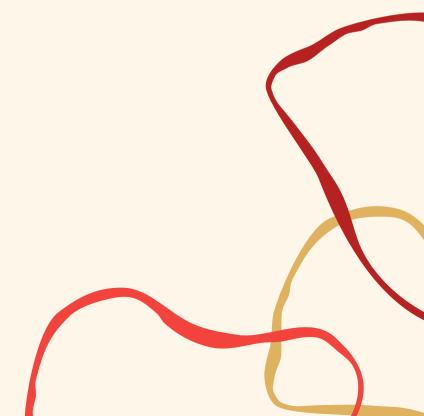
### **GENERAL FUNDRAISING** DIRECTOR

- Work with treasurer and other directors in arranging fundraising events (At least 2 per semester)
- Contact individuals/businesses for partial proceeds opportunities and coordinate partial proceeds event with the treasurer
- Brainstorm/provide new avenues for MAPS to acquire funds

### **TREASURER DIRECTORS**

### **EVENT COORDINATOR** DIRECTOR

- Contact and make arrangements with local businesses and Avalon Medical Educators to set up future fundraising courses
- Update and maintain MAPS fundraising events online, primarily on Facebook
- Create Facebook events at least one week prior to event
- Promote fundraising events and notify MAPS members about them
- Take pictures during fundraising events like partial proceeds, certification courses, etc



### **TREASURER DIRECTORS**

### **CAREER PANEL DIRECTOR**

- Work with the Treasurer to contact various prehealth occupations to talk at the monthly career panels
- Coordinate a schedule with the Treasurer and communicate schedules with the various health professionals to ensure availability and preparedness
- Help facilitate the discussions during the career panel to ensure that questions can be asked by participants and prolonged periods of silence are prevented



### **SAA DIRECTORS RELAY FOR LIFE DIRECTOR**

- Event director & fundraising director
- Help enlist participants into our team
- Keep up to date with events that Relay hosts and plan to attend one
- Plan on attending the actually event
- Plan at least one event during Fall or Spring that will serve to motivate the members to fundraise
- Take pictures during event
- Help run team meetings in preparation for the event.
- Assist the Sergeant at Arms with any other tasks related to MAPS



# **SAA DIRECTORS**

# **KNIGHT THON DIRECTOR**

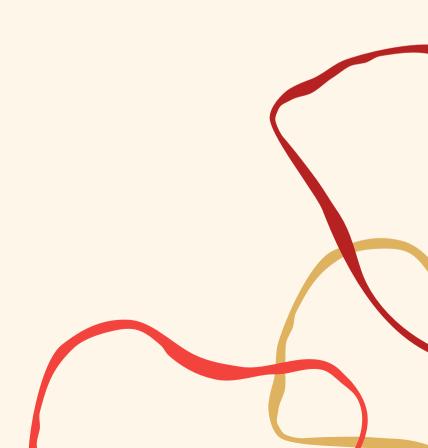
- Dance marathon director & fundraising director
- Help enlist participants into our team
- Keep up to date with events that Knight-Thon hosts and plan to attend one
- Plan at least one event during Fall or Spring that will serve to motivate the members to fundraise
- Plan to attend the actual dance
- Remind members participating in bucketing
- Take pictures during event
- Help run team meetings in preparation for the event.
- Assist the Sergeant at Arms with any other tasks related to MAPS



### **GENERAL VOLUNTEER** DIRECTOR

- Be prepared to lead a volunteer event that can be scheduled any Friday/Saturday/Sunday
- During Fall or Spring Semester, plan and attend 2 volunteer events of your choice
- Event must be health related or involve service of underserved community
- Assist the Sergeant at Arms with any other tasks related to MAPS
- Remember that MAPS is a pre-med/health organization so there should be a nice mixture of volunteer events.
- Plan the events, which involves contacting the organization, planning carpool, email/call members, etc, with the help of the Sergeant at Arms
- Take pictures during events
- Assist the Sergeant at Arms with any other tasks related to MAPS

### **SAA DIRECTORS**



### **SAA DIRECTORS** WELLNESS DIRECTOR

- Planning and hosting workshops that are created around the wellness of student
- This can vary in anything that will help members physically, emotionally, or mentally etc.
- Planning includes: contacting the organization, planning carpool, email/call members
- Be in charge of surveys and check up with everyone in the organization and see how everyone is doing
- Connect with other student based organizations and see if they want to collaborate on events • Plan and host about 1 workshop per semester.
- Take pictures during the event
- Assist the Sergeant at Arms with any other tasks related to MAPS

